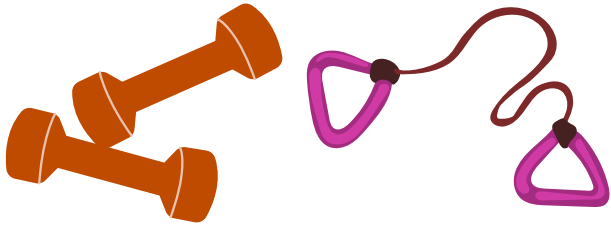


# GERI-FIT



## [MIAMI COUNTY]

TO REGISTER FOR THIS CLASS, PLEASE  
CALL AREA FIVE AT 574-722-4451 (AND ASK  
FOR SUSAN).

JOIN OUR NEW **FREE** GERI-FIT CLASS TODAY!

**LIMITED NUMBER OF SPACES - ONLY 25 IN A CLASS**



Lessen Arthritic  
Conditions



Manage Chronic  
Disease



Improve Balance  
and Coordination

- GERI-FIT IS **FREE** TO THOSE OVER 60.
- THIS CLASS WILL BE LED BY JENNI MYKKANEN AND IT WILL BEGIN NOVEMBER 7TH AND IT WILL END JANUARY 25TH. CLASS WILL BE ON MONDAYS AND WEDNESDAYS AT 6:00 P.M.
- IT WILL BE LOCATED AT THE AREA FIVE SENIOR CENTER (661 E MAIN STREET|PERU, IN).

*Sponsored by Area Five Agency on Aging and Logansport Memorial Hospital and in partnership with Miller's Merry Manor.*

LOGANSPORT  
**Memorial**  
HOSPITAL

100% Employee Owned  
*Miller's*  
Merry Manor



**Area Five Agency**  
on Aging & Community Services, Inc

